NOTES ON THE FIJI ISLANDS

(Written at the request of Students)

THE Fiji archipelago is a group of more than 300 islands, with an area of about 7,000 square miles, the largest of which is Viti Levu (Great Fiji), almost the size of Hawaii, of which Suva is the capital and seaport. Suva is exactly on Latitude 18.5 South and Longitude 178.28 East. With this data you can easily locate it in any world map, and see that the Hawaiian Islands are on the Northeast; the Philippines and New Guinea on the Northwest; and Australia and New Zealand on the South.

The archipelago has 345,000 inhabitants of which 169,000 are natives and of Hindu nationality and about 6,000 Europeans. Suva has a population of 37,000. The word Suva means a mound or land mark. The district is very mountainous, with peaks reaching over 4,000 feet. The highest is Mount Victoria which rises to 4,340 feet.

In Suva it rains almost daily. The climate is tropical and the temperature seldom rises above 90. Sugar and coconuts are other main products. The Islands are a British colony and they were visited recently by Queen Elizabeth II and Prince Phillip. As to means of communication, you can fly from San Francisco via Honolulu and Canton Island. The airport at Nadi is a stop over on the Australian North American Air route. Nadi is just a 134 miles drive to Suva. Although you can visit Suva this does not mean that you are worthy to enter the Ascended Master Retreat in your physical form.

The Fijians are very proud of their hair which they always wear in an upswept fashion and they do not allow anyone to touch it. One of the missionaires who visited the Islands said that hurry and hustle are unknown among the natives, because their philosophy is, "the man who made time made plenty of it". A native told an American once, "You work to make money and then rest. I havent got to do all that and I am resting already."

One of the ceremonies still held at Moengga, a volcanic Island just off the coast of Viti Levu, is walking on fiery stones. The majority of civilized Fijians are Methodists. One of the common activities of the islanders is oyster fishing, and when they find an oyster with a pearl, they shout "Theeva! Theeva! Theeva!". An American hearing this asked if they were shouting "Thief! Thief! Thief!". He was informed that theeva meant a pearl. He, not knowing the language, thought then that pearls were connected with thieving.

THE BRIDGE

TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

The Holy Grail from Which all who are athirst may drink

SEPT. 1959

THE BRIDGE TO FREEDOM

A Monthy Journal

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FRANCHISE NOTICE

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THE HOLY TRINITY PICTURE

Description and Symbolism

THE true name of what has been previously called the New Chart, as this has been the term with which older students were familiar, is The **Holy Trinity Picture.** This is a dignified name of the "I Am" Presence and the Holy Christ Flame in every man. "Chart", according to the dictionary, refers **only** to a navigator's sheet of paper, a geographical map for climatic variations or a tabular form. Nothing could be more irrespectful to designate a picture of God, the "I Am" Presence and the Holy Christ Flame in man. We hope the student body will thoroughly imbibe this explanation, and that in the future they will call this representation ALWAYS **The Holy Trinity Picture.**

Preliminary Description

Here we have a picture of the Electronic Body, or the Individualized "I Am" Presence, made in the image and likeness of God; The Causal Body, or the force field or Spiritual Aura of the "I Am" Presence; and the Holy Christ Self, invisible in the picture, but depicted within the Threefold Flame in the heart of the physical man, Which acts as intermediary beween the "I Am" Presence and outer consciousness of man.

Then we have the physical man, with the four lower vehicles —the emotional, mental, etheric and physical bodies—enfolded in the Violet Fire of Mercy and Compassion. Outside of it the Mantle of Light of the "I Am" Presence, previously called the tube of light. All this on a pale blue background representing the firmament, on a green covered surface representing the Earth.

The Electronic Body (The "I Am" Presence)

The Electronic Body (The Individualized "I Am" Presence) represents the Perfect Being surrounded by a halo of pure white light. The Yellow Flame on the forehead representing Wisdom; the Blue Flame in the throat representing Power; the Pink Flame in the Heart—enfolded in a Mantle of Light—representing Love. From the Head issue twelve White Rays, ten of which are to bless and to expand Pure Divine Love, to answer petitions from the outer personality and to communicate with other Cosmic Beings. Of the other two Rays, the one above is the connecting link with the "White Fire Being", from Whence the two "I Am" Presences consciously descended; the one below, between the throat, through the heart of the "I Am" Presence, to the head of the physical man, is the **Silver Cord,** which unites the "I Am" Presence with the physical man, being in reality the stepped down prolongation of the upper Ray which connects the "I Am" Presence with Its Source, the "White Fire Being", Who, in turn is connected with the Divine Source for this Universe, the Sun God and Goddess, Helios and Vesta.

The twelve Rays from the head of the "I Am" Presence are symbolically connected with the twelve gates, the twelve angels at the gates and the twelve foundations of the New Jerusalem (Rev XXI: 9-14), and with the twelve manner of fruits of the tree of life, the leaves of which are for the healing of nations (Rev XXII: 2). There is also a relation between the twelve Rays and the twelve signs of the Zodiac, and even with the twelve sons of Jacob and the twelve disciples of Jesus.

The Causal Body

The reservoir of all the good stored by the lifestream, from Whence we can draw all we require, is called the Causal Body, and is represented by seven circular bands of vibrating colors of living, intelligent and God-qualified energies and virtues. They are related to the Seven Spheres, the Seven Rays, the Seven Chohans, the Seven Archangels and the Seven Elohim. Let us consider these bands of color, starting from the center outwards:

Blue. It has a white center surrounded by a sapphire blue radiance. This represents the First Ray of Power, which is the Will of God, the Head of Which is the Chohan of the First Ray, the Ascended Master El Morya. From this band we can draw power, capacity to lead people and manifest energy to accomplish any constructive service, as well as the illumined Faith of Archangel Michael and the Strength of the Elohim, Hercules.

Yellow. This represents the Second Ray of Wisdom, the Head of Which is the Chohan of the Second Ray. Until recently this Office was held by the Beloved Ascended Master Kuthumi, Whose successor is Lord Lanto. From this band we can draw inspiration for all educational and religious endeavors, as well as Constancy from the Archangel Jophiel and the Illumination of Elohim Cassiopeia.

Pink. This represents the Third Ray of Love and Compassion, the Head of Which is the Chohan of the Third Ray, the Beloved Ascended Master Paul, the Venetian. From this band we can draw all the love we require for our altruistic endeavors and for our use in our daily living to bring about tolerance and understanding, as well as the Love of Archangel Chamuel and of the Elohim Orion.

White. This represents the Fourth Ray of Purity and the Ascension , the Head of Which is the Chohan of the Fourth Ray, the Beloved Ascended Master Serapis Bey. From this band we can draw inspiration as artists, writers, sculpturers and architetcs and limitless help to accelerate our journey back Home, as well as the capacity to hold the Immaculate Conception of Archangel Gabriel and the Purity of the Elohim of Purity.

Green. This represents the Fifth Ray of Truth, the Head of Which is the Chohan of the Fifth Ray, the Beloved Ascended Master Hilarion. From this band we can draw healing and inspiration for inventions and scientific research, as well as the Healing Essence of the Archangel Raphael and the Cosmic Christ Truth of the Elohim Vista, Who assists in developing inner sight.

Ruby. This color has a golden radiance. This represents the Sixth Ray of Ministration and Peace. Until recently this office was held by the Beloved Ascended Master Jesus, Whose Successor is Lady Nada. From this band we can draw comfort, healing and peace, as well as the Ministration of Archangel Uriel and the Peace of the Elohim of Peace (Tranquility).

Purple. This represents the Seventh Ray of Mercy and Forgiveness, the Head of Which is the Chohan of the Seventh Ray, the Beloved Ascended Master Saint Germain. From this band we can draw the Violet Fire of Forgiveness to purify ourselves and others, as well as the power of Invocation of God's blessings through the intercession of the Archangel Zadkiel and the purifying radiance of the Elohim Arcturus.

The Holy Christ Self

The Holy Christ Self is anchored within the heart of every man, woman and child belonging to this Earth's evolution. It is focused within the Immortal Victorious Three-fold Flame within the heart of the lower figure. It acts as a transformer of the good projected to and through It from the "I Am" Presence, lowering its rate of vibration so that the physical man is able to perceive It. It acts as the Mediator between the outer consciousness of man and the "I Am" Presence. As the student learns to love this Holy Christ Flame, It expands and takes complete possession of the four lower bodies, making every individual a Christ in Action, as the Ascended Master Jesus manifested in His embodiment, centuries ago!

The physical man

The physical man, with uplifted hands of aspiration towards the "I Am" Presence is enveloped within the purifying Violet Fire of Mercy and Compassion. The emotional, mental and etheric vehicles of the "average man" are in such a chaotic state that the beloved Maha Chohan did not want them depicted upon this first presentation of the Holy Trinity. Outside of the Violet Fire of Love and Compassion, is the protecting Presence of the Mantle of White Light, which deflects all impurities and dangers directed towards the individual, and also absorbs and transmutes all the untransmuted karma from within the individual.

The above describes briefly **The Holy Trinity Picture.**

FEATURES IN NEXT ISSUE OF "HOPE" MAGAZINE

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LIBERTY - THE MOST GLORIOUS GIFT

Excerpts from Addresses by beloved **Saint Germain, El Morya** and the **Goddess of Liberty** delivered at the inauguration of the New Bridge Sanctuary at Freedom House, New York City on June 11, 1959.

SAINT GERMAIN:

Tonight you have another opportunity

Beloved friends of Freedom, you who have come so far along the pathway towards Spiritual Freedom, emotional Freedom, mental Freedom, etheric Freedom and even physical Freedom, I greet you in this city dedicated primarily to the principles of Freedom and guarded and guided by My Own beloved Cosmic Mother, the Goddess of Liberty; Liberty the great and mighty gift which all mankind seek and so few that know of it and use it wisely, discreetly and in balance.

I speak always for the Cause of Freedom and of Liberty and I pray always for the receipt of that gift of Liberty and Freedom that the individual so gives it may use that Freedom to greater expand the borders of God's great Kingdom.

Have you thought, beloved ones, what a gift of grace from the Heart of God is when it is vested on an unascended individual... Freedom to act in any capacity and the karma that evolves upon that individual of a destructive or a constructive nature, according to the use of that Freedom and Liberty? Individuals who have been freed by the use of the Violet Transmuting Flame from millions of years of misuse of God energy are not held innocent when they do not take advantage of that liberation which is the gift of that Fire of Transmutation in furthering the Cause of Spiritual Freedom on this planet Earth and the Freedom of the individual selves and their associates. When the prison bars swing wide, then an individual who has been incarcerated for the committing of a crime has served his sentence, he is put on what they call a term of probation and he enters into society again to prove himself or to repeat the original offence and lose that freedom which he has won by serving that sentence.

Human law is like unto the Divine in that respect. Let us think on it and think on it carefully. People who are released from the karma that goes back to Lemurian ages, the ages on Atlantis and Babylon and Greece and other ages of which I do

not care to speak and who have been given opportunity in etheric bodies purified, emotional bodies stabilized, mental bodies alerted and physical bodies practically rebuilded—**for one purpose,** to bring to the sons and daughters of Earth the knowledge of the Golden Age and then having accepted that gift of Grace, do not manifest it or spread that word of Freedom to others. Think on the karma that soul shall meet when he enters into the Halls of Karma and stands before the Judgment Board.

Beloved ones, because so much of that which has been removed from your words is unseen, you do not know the full weight of your karma—thank God! Likewise you are not fully cognizant of the Liberty and Freedom that you have; you feel sometimes that your bodies are weary and your souls and minds too. Ah, if it were not for the Freedom afforded you by the transmutation of the energies through the ages you would not even be here tonight—nor would the City of New York be standing as it is on a foundation builded of love by the tireless energies of those who have given of their very selves to fill in those fissures and making of themselves channels by which We in turn call on those Beings of Divine Love to solidify the bases of this Manhattan Island. Should it not be fitting when Atlantis rises triumphant and the waves break from Her, emerging glorious Temples of Light, that the children of Freedom in New York be among those standing on solid surface and greet that country, born anew for the blessing and benefaction of the ages yet to come.

That is My Utopia come true; My World Brotherhood of Angels, elementals and men, the day when God and man can speak without mediation of any kind; where the heavens are so blue that looking upward into the Stars of the Solar System with extended vision you can see your Friends on Venus or into the Heart of the Sun God or Alpha and Omega, the Great Central Sun Itself. When you can through the process of levitation go there, and bring back the memory of that perfection which is an enthusiasm which fills your own worlds with the power to convince others.

Now tonight you have another opportunity... I see with the inner sight all that you have held in the etheric body... which I have, with the Grace of God and help of Mother Mary, dissolved and which you have honeycombed back into the etheric body for revitalization when you become tired. Now, will you please just LET GO, LET GO, LET GO into the Violet Transmuting Flame every one of those memories, cause, effect, record and memory let them go. Now your etheric body is willing enough to do so but the emotional body—oh, the emotional body loves to revivify the tragedies of the past. We ask with all the POWER OF HERCULES that the emotional body is willing to LET GO, LET GO, LET GO of every record, cause, effect, and memory of every distress in this life or any life that you have ever lived, replacing it by the FULL CONSCIOUS MEMORY OF ALL THE PERFECTION, AND BEAUTY that you knew in the Father's House before the world was.

Let us not honeycomb up these vehicles any more, dear hearts, and one way that you can avoid that is to avoid the talking about even to yourself that which has been which is not perfect. If We are moving forward into light, there is no sense carrying 'a covered wagon' in which all of the debris of the past is; We must travel light. Would you not like to travel light with Me? Let's travel on light's way, not burdened down by memories of any kind that are not perfect and thus traveling in the light way you shall be Free!

BELOVED MORYA

"A very very good evening to New York!"

I dindn't believe that I would have opportunity to get in tonight. It is so very seldom that I have more time than to say 'Good morning' or 'Good evening'. In this case it is a very, very 'Good evening. to New York' and a 'Very, very happy evening to all My friends gathered here.

Beloved Saint Germain, of course, is so happy; happy on behalf of the students who are interested in helping this magnificent city and I, too, of course, am happy indeed, having stood Sponsor for you all before the Karmic Board, having had to create Excelsior and living thereon for no little time—a lovely Planet but cramped a bit I might say and I shall be very glad indeed when the student body takes over their own magnificent opportunity to bring the Golden Age here on Earth and I can go into **THE FIERY ORB OF MERCURY** and remain. Excelsior is sweet, dear hearts; it is very nice. It is a shiny little Planet and Its peoples are lovely and I enjoyed making It but I am rather an impatient Fellow and when IT IS DONE, for Me, IT IS DONE! I do not like, like Saint Germain, going over and over and over again dissolving and transmuting the same mistakes

and errors. It is very fortunate for you that He is the Chohan in charge of the next two thousand year cycle.

By the time I get in at the time of the next cycle, you will all be wholly Ascended and Free! You will either be on Mercury or Jupiter, or Venus, or some safe place where My prodding and My perhaps impatient desire to get things done will not affect you. Meantime, on behalf of the First Ray I greet you! All of Us do love you, oh so sincerely, We love truly and I guess Our love desires to make you perfect INSTANTLY. Even in My training before My Ascension I did not like to experiment over and over and over again. I liked when the Guru gave Me the teaching to manifest it INSTANTLY and have that portion of the Law completed. Therefore I presume that Sanat Kumara and Gautama and the Great Ones gave Me a very special opportunity during this last period since 1952. Perhaps I have too acquired in My nature of Sanat Kumara's patience.

I love you—good evening.

THE GODDESS OF LIBERTY SPEAKS:

Tonight you have declared your liberty

Children walking the way of Earth, "I AM" Liberty, Liberty of thought, of feeling of word and of action; Liberty to be the fulness of your God-Self embodied; Liberty to release through that God-Self anything and everything that will be a benediction to you and to your fellowmen. "I AM" not bound by flesh; Cosmic spheres are My activity of service. Yet to anyone who desires Liberty, there "I Am". "I AM" that Flame within your hearts, liberating those powers that have lain dormant until expanding through you they can and will do those same so-called miracles perfomed by beloved Jesus in His day. Liberty, beloved ones, is a most glorious gift; Liberty when used wisely allows the soul purified to become humble and the Spirit to expand in greatness until all are Free.

I place in your hands My gift of Liberty, as I took the hand of your beloved Saint Germain when he passed through the change called death into the Ascension and I offered Him all the strength of My lifestream to help to bring first political Liberty and then Spiritual Liberty to the peoples of Earth. So I give My hand to you now, even though you are not ready for that change, walking with your hand in Mine to bring Liberty to this generation; Liberty to all that are bound. Thank God that you do not see all that are in bondage but yet in your

calls impersonally for all life, make it for the Liberty and Freedom not only of elementals and human beings and imprisoned Angels but Liberty and Freedom from all the structure of this Earth. This Earth was so beautiful ages ago and that Liberty of the essence and substance that has been misqualified by human creation can come about at your call.

You can liberate from within a glass all of the substance that has been charged into it by everyone who has drunk from it. Then you can fill that glass with ordinary water and CHARGE IT with whatever quality and power that is required, whether it be faith, illumination or love or truth or consecration or peace or the power of the Sacred Fire of the Violet Ray. USE THAT NOW—for thousands of years the orthodox churches have used the communion, and they have accepted in their feelings that peace after they have taken that communion. Now, no need for a mediator between you and your God; where there is a requirement for health, there is always handy the primal substance of water; charge it with the quality required and give it to the individual, **remembering not to tell them what you have done** and the service can be rendered and you can render it for yourself. It takes you very little time to charge the seven activities of the Rays into a glass of water and you have a Rainbow 'Parfait'. It can be done. It has been done by others.

Now it is time in this great City, where there are so many individuals that Liberty become FACT. You have made it so tonight. You have declared your Liberty, individually, and as a collective unit. Your names are so written by the Karmic Board upon the special Scroll as **a specific cosmic moment of Liberation,** wherein the salvation of your City and its environs is made possible. I congratulate you on this above all.

Beloved ones, as a Member of the Karmic Board, I have met you so often when you have turned your vehicles in at the close of an embodiment and when you have taken on new vehicles, and I do want to meet you this time and know that you have finished your span in God-constancy. Please, please accept that cosntancy of Jophiel and Constance and finish that span.

In the Name of Liberty, in the Name of the Karmic Board, in the Name of Love and Light and God-success, I call with all the power and intensity of My Being a special cloak of cosmic Liberty and Freedom in, through and around you each and every one and that shall be sustained as your protection, expanded to include every one that comes into the compass of your orbit and into the focus of your forcefield. So be it!

I thank you.

THE BRIDGE TO FREEDOM

A Monthly Journal

KEYNOTE OF OUR SECOND SEVEN-YEAR CYCLE:
FREEDOM, PEACE, IMPERSONALITY, CO-OPERATION, EXPANSION

Vol. 8 **September, 1959** **Núm. 6**

EDITORIAL

FEAR NOT!

AS more assistance is being given by the Spiritual Hierarchy to the peoples of this Earth **at the present time** than ever before, the cataclysmic activities which so disturbed the mass of the peoples during the sinking of the continent of Mu and, later, Atlantis, will be greatly lessened. Also, the Priests and Priestesses of the White Order, having learned their lessons through past recalcitrance and lethargy, are alerted all over the planet Earth, and are joyously cooperating with their Ascended Masters, Gurus and Guides to prevent just such a chaotic and fearsome experience.

Rejoice that, even though the present human appearances seem, to the outer senses, appalling, Greater Light and Great Loving Assistance is yours NOW! INVOKE OUR PRESENCE AND REJOICE IN YOUR OPPORTUNITY to return the Earth and all Her Evolutions to a beautiful and perfect state of LASTING PEACE, without the necessity of such drastic actions upon the part of the elemental life, which you can NOW love free!

Do not wait for 'others' to render this service for you and your loved ones! Make your own application, sending your love to the beings of nature and Their Mighty Directors! Invoke the Elohim of Purity and Beloved Astrea to remove the cause and core of all fear in the consciousness of the peoples of Earth and to replace that fear by Illumined Faith and Trust in God!

El Morya

THE TEMPLE OF PEACE

Near Suva, Fiji Islands
The Ascended Master Retreat of the Month
September 15th through October 14th, 1959

WHEN in the Cosmic Clock sounded the awesome hour at which the gigantic continent of Mu had reached its apex and decline and had to be submerged beneath the purifying waves of the Ocean, tongues of fire covering whole cities sprang from the interior of the Earth accompanied by deafening subterranean thunders and the violent eruptions of volcanoes, the existence of which were never known by the people of the Earth before. Thus the continent of Mu was destroyed by fire and its remnants sunk beneath the waters, now called the Pacific and South Eastern Seas.

Portions of that continent, where the third Lemurian race flourished, are still in existence, such as the Fiji Islands, where the Ascended Master Retreat of Suva is situated. Other neighboring Islands on the Pacific, South Africa, Madagascar, Ceylon, Sumatra, the Indian Ocean, Australia and New Zealand were parts of that continent.

The Catastrophe of Mu

The people as a whole were not cognizant of the coming disaster, which was part of the Divine Plan to accelerate and prepare for the incoming of the Fourth Root Race with Its Great Manu, Lord Himalaya. Several of the members of the Ascended Master Retreats which were spread over the wide area of the Continent went down with the multitude in the midst of songs of the trained White Order of the Priests and Priestesses of Mu to mitigate their distress. Suva and two or three other Foci of the Ascended Host were maintained in the same places where they were first established, although one or two of Them were consciously etherealized to etheric levels.

The catastrophe did not take place over night. It took months and months before the Earth settled down, consequenly the mass of the people were horrified as they did not know when their turn to be burnt alive or be swallowed up by the sea would come.

The elements were so unruly, and the people were so distressed, that all the attention of the Great White Brotherhood of Suva, besides rendering the assistance required at such times, had to be concentrated on giving lasting Peace to the peoples of the world, to pacify the elements, and to pacify the feelings of the people. Therefore, a tremendous momentum of Lasting Peace was builded at the Ascended Master Retreat, and today Suva is one of the most powerful foci of that Peace. Peace was so powerfully externalized by the Brotherhood of Suva that, when millions of years after the sinking of Mu, the great navegator Magellan discovered the large expanse of water on the other side of South America he found it so unruffled, so tranquil, that he called it the Pacific Ocean (Peaceful Ocean).

Description of the Ascended Master Retreat at Suva

To describe the Retreat of Suva in worded language is not an easy task, as it surpasses all you have read in the Arabian Nights. The Temple is situated in a tremendous cave, under a big mountain, the outer part of which covers it. Nobody knows where the entrance is but the earnest, willing and worthy chelas are guided to it and have no difficulty in entering, after the Spiritual Protectors examine each chela carefully.

Once you enter into the Temple you see a Crystal Palace, located in what seems to be a vast crystalline sea, and from which light in the seven colors of the rainbow emanates. As soon as you enter the mountain, you have the sensation that you are walking on water, until you reach the wide stairs that surround all the Palace. These circular stairs are made of transparent crystal and underneath you see cascades of multicolored torrents of water. The circular stairs around all the Palace have forty nine steps. The Palace has seven porticos or porches which give entrance to the seven Halls of Learning. The main portico through which you have to enter to meet Lord Surya is due East.

When you reach your point of destination you meet on the outside two Guardians, a Gentleman and a Lady, fully seven feet in height. They have a glorious Oriental complexion with well proportioned almost square faces, with blue eyes, which remind you of the late American President Mr. Warren G. Harding. They are bareheaded with long chestnut colored hair. The Gentleman wears His hair down to His shoulder, the Lady down to her knees. Both are dressed in white robes, giving off an opalescent hue.

After they give the signal that you may proceed you have to go up seven more crystal steps, under which you continue to see the multicolored torrents of water. Now you find yourself before a big crystal door, which opens automatically at your presence, over which you see a big circle over a cross, as the symbol of this Ascended Master Retreat. You dont have to ask its meaning. You yourself intuitively know that its means, "Here spirituality rules materiality".

Pen picture of Lord Surya

Once you enter the big round crystal hall you see on a high Throne the Majestic Figure of Lord Surya, sitting on a golden chair. He is slender of form, although He is seven feet tall. His features and complexion are like those of the two Gardians at the entrance of the Temple, but more refined. He has a well trimmed beard after the style of the Ascended Master Saint Germain. His eyes are purple in color, and His hair falling to his shoulders is golden. He is attired in pure white clothes and wears no jewels.

When your turn comes to have the opportunity of meeting Lord Surya face to face, you bow in reverence and when you lift your head His loving eyes meet yours. He smiles, makes the sign of the Circle above the Cross and extends His hand to you. When he offers you His hand, you will feel electrified, as if you were sitting on the atomic accelerator of the Beloved Ascended Master Saint Germain.

When He looks at you with His big purple eyes, you know and feel that a powerful ray of Light has passed through your inner and physical bodies. This is true, of course. Accept it.

When your salutation and His greeting end, He pronounces a short word in a presently unknown language, but you seem to understand it, You know it means, **"Peace be with you!"**

Prepare yourselves, gentle readers for your nightly soujorn to Lord Surya's Temple of Peace; and if you are constant and alert you will see that at the end of this thirty day period you will be a different man or woman, filled with lasting peace, greater understanding and God-given Poise!

(Note: For a previous description of this Retreat, please see "The Bridge Journal" Vol. I, page 35).

HOW TO BE A PEACE COMMANDING PRESENCE

(Monthly Letter to Transmission Flame Class on September 19, 1959)

Beloved Children of my Heart who seek Peace:

Peace is the keynote of this thirty day period (September 15 through October 14, 1959). Because there are temporary clouds of war over Asia, Europe and Latin America, Lord Gautama directed the opening to mankind of Lord Surya's Retreat at Suva, Fiji Islands. All the Spiritual Hierarchy and Cosmic Visitors from other planets will be Hosts to mankind at His Temple.

The magic key that will open this Ascended Master Retreat to you, is for every one to think and feel the last thing at night before entering sleep, "Beloved Surya, "I Am" ready to visit in consciousness Your Temple to bathe in the peace and opulence waves of Cosmic Love from Your Heart and Your Retreat. Please have me taken there by One of your Messengers, and return me safely to my home after this Visitation."

Let every one, every day during this period, on awakening try to remember the experience of the previous night and think and feel, "I Am" a Peace Commanding Presence Today," and act as such every hour of the day at home, at the office, at your Sanctuary, everywhere."

Dear gentle reader, I will be at the Entrance of the Beloved Surya's Temple of Peace in the Suva Retreat every night to meet you.

Love and Blessing,
MAHA CHOHAN

☆

STATEMENT FOR THE TRANSMISSION FLAME CLASS OF SEPTEMBER 19, 1959

1	2	3	4	5	6	7	8
"I AM"	inbreathing	Surya's	love,	peace,	tranquility	and	opulence
"I AM"	absorbing	Surya's	love,	peace,	tranquility	and	opulence
"I AM"	expanding	Surya's	love,	peace,	tranquility	and	opulence
"I AM"	proyecting	Surya's	love,	peace,	tranquility	and	opulence

Hierarch: Lord Surya; Color of Flame: Gold, Pink and Blue; Keynote: Aloha (Hawaiian Song).

HAIL SURYA!

Hail, Surya!
Our hearts greet Thee,
All Thy Light - Thy Love - Thy Peace.

Songs are voicing,
Loves rejoicing
As we send all our love now to Thee.

Hail, Surya!
Hearts now seek Thee
And Thy Love's tranquility.

Come to us now,
Show Thou us how,
By Thy Light - By Thy Love - By Thy Peace.

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PEACE -A PREREQUISITE TO PRECIPITATION

By Beloved Lord Surya

BELOVED children of God now upon the face of this Earth, I have known and loved you long. When the Continent of Mu flourished in what is now known as your Pacific Ocean, you were among Those of Us Who were the Prietsts of that great civilization wherein the Third Root Manu brought forth all of His sub-races. It was My privilege to sustain the bridge from Divinity's Realm for their descent, the completion of their cycle of experience and the control of mastery of energy and vibration, and then their triumphant return Home into the heart of the Realms of Eternal Bliss wherein they serve now assisting as Their free will directs the progress of the Earthlings.

We have sustained through the Grace of Almighty God a portion of that magnificent Continent called in modern maps the Island of Great Fiji, wherein is located Suva. It is but a tip of one of the great mountains of the Continent of Mu, wherein today the Priesthood still maintain the focus of Peace, such Peace as your dear minds and hearts cannot conceive; that Peace which comes from being disconnected for a time from the vibratory action of individuals who are not the full master of the energy of their own worlds.

Today as the Planet Earth requires God Peace, in a planetary scale, and as individuals everywhere — those who are embodied, those who are actively serving the Light of God, those who are among the masses of the people that are fearful of destructive endeavor through the propagation of war ideas, I bring to you the Peace of Suva, wherein you are for a time on an island, green of verdure, surrounded by a sapphire sea, wherein your feelings are bathed in that golden light, your minds are illumined and attuned to your own Divine Presence; your etheric bodies are stilled and even your flesh forms for that time feel that abiding Peace which We have sustained for millions of years.

Beloved, you who desire to magnetize again the gifts of your Causal Bodies, for the purpose of blessing your own lifestreams with freedom from distress, and blessing all with whom you are surrounded with the benediction of that momentum which is yours, to you I say, you require that sustained Peace which is Ours at Suva: Peace to the body, the soul and the mind, which precedes the release from your own "I AM" Presence through the silver cord into your own Holy Christ Self of those gifts of Illumined Faith, of Wisdom, of Pure Divine Love, of Purity, of Truth, of Healing, of God Supply of every good and perfect thing and of the greater art of Conscious Invocation of the God Flames that are so required again so to manifest visible to the physical sight of mankind at various strategic points on the surface of this Earth. These are the gifts of the Sacred Fire of Which you have heard, of Which you speak, Which you can know and experience in every cell and atom of your being when you have so learned to live in Peace within yourself and to become a Peace Commanding Presence wheresoever you move.

Many are the individuals who once lived with Us at the height of the civilization on the Continent of Mu, who live again on the Earth today. Many knew those powers of precipitation and utilized them to bring forth without effort every blessing that they required or that those around them required. You, too, had that conscious power when your motive was only to externalize more and more of the perfection of God's Kingdom. Temporarily you have forgotten the power of conscious precipitation but again as We come close to you in thought and feeling, spoken word and radiation, We give to you Our feelings which are the developed energy of Our Own worlds through ages of time and that becomes like a transfusion into your own feelings and consciousness — if you can accept it and use it and benefit by proximity to Our Presence.

Today on the planet Earth the axis moves; the great winds blow. We have seen that before, for in every time of major cataclysmic change the elements have had to be held in leash by their Mighty Directors but now the human kind who have accepted Our Presence in the universe have opportunity unparalleled to become the Peace Commanding Presence wheresoever they abide, so that you may draw manna from Heaven, as Moses did; so that you may draw the substance and energy into your own worlds that is required to make you more free in your service to life; so that the very hem of your garments may be so filled with grace and healing that you are a power of benediction and blessing to all that lives.

Some few of you have seen the waves that rise high in the oceans of the present day. The mighty undines sometimes seventy feet swirling upward, they surround Our Island but never have they inundated it because the Priesthood of Suva is the Master of Love and those undines yet untrained filled with the creations imposed upon them even at the very crest of their mighty waves recede and bow before Peace. I have seen this performed again, again and again, not only by Myself but by the least of the Members of the Brotherhood of Suva, Who stand fearlessly on the sanded shore and look upward at that great mountain of water and love it back into the sea.

What has been done in the Water Element can also be done in the Air Element, where in Suva We have developed a protective ring to guard and guide all constructive vessels and crafts that cross the great Pacific and to hold back those mighty winds, even the youngest of the Brothers on the Island can do that. We guard at Suva many, many of the souls of those individuals who have seemingly been lost, not only through the seas, in the air accidents but so many who passed from the bodies in Korea and all during that unfortunate incident in the East. These individuals not all having made the Ascension are learning the way of Peace and they shall walk up the bridge into the Realms of Light or they shall re-appear again in the civilization which is presently so much in need of Peace, according to their free will, their development and their Divine Plan.

You have been to Suva many times and I have been with you. I want to remind you again that you are always most welcome and you can consider it an oasis in the world wherein there seems at present not to be enough of God Peace.

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The Ascended Masters Speak

ON HOW TO ATTAIN LASTING GOD PEACE

MAHA CHOHAN:

Peace, a Gift of the Holy Spirit

Peace, symbolized by the gentle dove, is one of the gifts of the Holy Spirit, a gift not bestowed on the individual from outside, but as an integral part of his Divine Nature, which it is his bounden duty to feel, radiate and share with his fellowman. "How is peace to be felt when one is in a sea of trouble?", the alert student may ask. In a very simple manner, is the answer. Remove your attention from the appearance of trouble and place it upon peace. One thing is certain, you cannot have peace and trouble at the same time. Where your attention (which is your life) is there you are!

Peace is the substratum of all constructive and lasting God manifestation; therefore even in the midst of the appearance of trouble there is peace. Look for it and you will find it. The way to look for it, as I have mentioned elsewhere, is to allow understanding, tolerance, patience, humility and loving service be your watchwords, filling your thoughts, feelings, spoken words and actions.

EL MORYA:

Peace is an individual achievement

In fulfilment of the Will of God, one of My duties is to bring about a lasting peace in nations and among nations. There are cases where this has to be brought about by the process of revolutions, according to the national karma, which temporarily result in chaotic conditions, but after a certain time when social justice and liberty are regained, lasting peace is established, even if only in a small measure.

The normal way to bring about national and world peace is by conciliation, at round tables where all interested parties can express their aspirations and negotiate. Fortunate is the nation which can send to these conferences men endowed with the virtues that our beloved Maha Chohan has enunciated above.

LANTO:

Beware of dissenting activities

To perceive Truth you must have peace of mind, through understanding. To bring about this peace of mind is one of the services of those who serve with Me on the Second Ray. The first thing that the chela has to learn is to distinguish between different presentations, or socalled presentations of the Truth, to determine which constitutes a more complete expression of the Truth. The chela must, of course, have as one of his guides the words of our beloved Ascended Master Jesús, "not all who come in My Name represent Me."

The student has to be particularly alert before accepting statements issued by dissenting activities, which as a rule have their origin not in important differences of doctrine, of which they do not speak, but in the personal ambition of their self-called leaders, who in many cases appropriate the instruction of the parent body and present it as new and better, without any substantial proof of their claim.

PAUL: (The Venetian Master)

Peace through tolerance

In My particular service to Life, I endeavor to bring about a lasting peace through Divine Love and tolerance. One of the enemies of peace is fear, but we have been told that perfect love casts out fear. Therefore if you love your neighbor as yourself, if you realize that you are your brother's keeper, all sense of fear will disappear and peace will be the keynote of your life.

If you become tolerant of persons and circumstances you will eliminate irritation, resentment, envy, criticism and a dozen other ugly attitudes which prevent the peaceful relationship which must exist between those whose past karma has brought them together; and, if in disagreement with them you will not think of branching out on your own, but rather sublimating such destructive karma by the Violet Transmuting Flame.

SERAPIS BEY:

Dissentions delay the Ascension

In the Library at Luxor there are thousands of books and treatises on peace; and in one of the Temples, the third, the chela has to live with six other lifestreams of different temperaments in order to learn to live in peace with each other, and not until the chela passes this test can he come before Me. This is one of the severest disciplines because where discord is, there is no peace; and peace must be felt and manifested and sustained long before the Ascension.

Discord is manifested in different ways in the home, in the office, in the activity with which you have associated yourself; and when this discord is expressed in criticism, in domination, in intrigue or in disobedience and finally in disloyalty it is evident that the offending ones are very far from the Ascension, and have to retrace their steps until they have learned the lesson of impersonality and the practical use of the cohesive power of Pure Divine Love.

HILARION:

Peace is right-qualification of energy

In My service with atheists and even with certain scientists, in my endeavors to bring peace to them, "I Am", more fortunate when I have to deal with men of science, who become very restless when their inventions do not seem to mature, because it is easier to make them understand that peace is a matter of vibration, of properly qualified energy. (God's life entrusted to man for constructive manifestation only.)

If the life essence placed in your keeping is qualified with personal ambition, distrust, selfishness, intolerance and other destructive qualities you will always have discord in yourself and in your work; but if you qualify your life essence with love, tolerance, understanding and other constructive qualities you shall always enjoy peace.

JESUS:

The tree shall be known by its fruit

During My Ministry, there was not one day in which I did not enjoy that peace that passeth all understanding. This enabled me to be in constant communion with the Father and to accomplish the many healings, recorded and unrecorded, which the Father of Us all poured through Me to bless life. This was so evident that I have been called the Prince of Peace. When I said, "Blessed are the peacemakers for they shall be called the children and heirs of God", I meant more than what those words seem to imply. I meant that you cannot be a trouble monger, an intriguer, an inciter of discord, and claim at the same time the prerogatives of a peacemaker, that is, to be called children and heirs of God. I also said, "the tree shall be known by its fruit."

NADA:

Peace through Love

One of the ways to be at peace is to love the God-life within the person or circumstance which annoys you. That was the lesson I learned in My childhood, which as some of you will remember was not a happy one because I thought I was not as talented as My three sisters, which made Me feel both timid and retiring. But all this changed after the series of visits I received from that great Cosmic Being Charity, Who taught Me the lesson of love, and eventually led Me to the feet of Serapis Bey, Hierarch of Luxor!

SAINT GERMAIN:

Beware of wolves in sheep's clothing

Those who prattle about the incoming Permanent Golden Age, those who pose as My followers, those who claim that "I Am" behind their endeavors, and yet create dissention in one manner or another are the wolves in sheep's clothing to which Our beloved Jesus referred. Peace is the corner stone of the My Golden Age. This is the reason why "I Am" so much interested not only in the liberty of people but in their enjoyment of peace; and those who say that they are My followers are known to Us and to their fellow-man because they never endeavor to create discord in any activity of life.